

THE FUTURE OF T'AI CHI CHIH

by Justin Stone

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T'ai Chi Chih is a service to humanity. We want to develop good teachers to help people and spread T'ai Chi Chih. Making money is not our primary aim. Teachers are paid by their students, and they are grossly underpaid for the service they give and the time and effort they have given in becoming trained teachers. A few do not take money for their work. As teachers know, I have never taken anything—gifts, money or whatever—from any teacher. I want to see good teachers spreading T'ai Chi Chih. If tuition for Teachers' Training Courses is changed, I want to see it lowered, not raised. Personally, I want nothing from T'ai Chi Chih besides my own practice and the spreading of the wonder of cultivating the CHI, what I believe to be the most important activity in life. That is the mission that I have been given on earth and I will fight to keep it on line and honest. Few really understand what cultivating and balancing the Life Force means.

T'ai Chi Chih is now being taught in a way quite different from the way I taught it, the way that caused it to grow and spread throughout much of the world. It was very satisfying to see attendance at the summer Conferences grow each year and the number of students applying for admission to Teachers' Training Courses become larger and larger. In my view, mechanical alignment of hands and legs, and time spent balancing the practice against a paper checklist mean nothing. Flowing from the center (the T'an T'ien) and yinning and yanning correctly are what matter most.

Many wise ones feel that what we have in this Cosmos is pulsing energy in the form of vibration. Isn't this a perfect description of the flowing of the CHI? There is no single thing as important, and maybe it is the *only* important thing, the modus operandi of Divinity.

In years to come medicine will begin to learn about the importance of the balancing of the flowing CHI. Chinese doctors are performing serious operations painlessly by using such knowledge. We can do it for ourselves through the practice of T'ai Chi Chih with Integrity.